



CENTER STREET NAIL TECHNOLOGY ACADEMY, LLC CURRICULUM

POSSIBILITIES ARE ENDLESS

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Curriculum (2023)

CENTER STREET NAIL TECHNOLOGY ACADEMY, LLC CURRICULUM

MANDATORY HOURS FOR WI MANICURISTS

Topic	Theory Hours	Practical Hours
Introduction: Laws and Codes, Book-keeping, Business Management, History and Ethics	36	
Safety, Sanitation, Sterilization, First Aid and Bacteriology	10	25
Nails and skin Disorders	24	10
Anatomy and Physiology	18	8
Manicuring and Pedicuring, including nail enhancements (Acrylic & Gel)	24	112
Introduction to Advertising	12	
Individual Student Needs and Electives (Hours may include structured visits conducted by the school outside of the classroom at one or more cosmetology or manicuring establishments.)	7	14
Total Hours	131	169
Center Street Nail Technology Academy, LLC Practical Operations (Actual services and NOT hours)	Number	
Manicure (plain water)	10	
Nail enhancements (Acrylic, wrap, and/or Gel)	20	
Pedicure	10	

WRITTEN/VERBAL EXAMINATIONS & COMPLETION ASSESSMENTS

Topic	Examination Grade
Track 1 – Orientation	
Track 2 - General Sciences	
Track 3 – Nail Care	
Track 4 – Business Skills	
Center Street Nail Technology Academy, LLC Midpoint Examination	
Center Street Nail Technology Academy, LLC Final Written Examination	
Center Street Nail Technology Academy, LLC Final Practical Examination	

WRITTEN/VERBAL QUIZZES

Topic	Learning Module	Quiz Date	Quiz Grade
History & Career Opportunities (Nails Chapter 1)	1		
Life Skills (Foundations Chapter 1)	2		
Your Professional Image (Foundations, Chapter 2)	3		
Communicating for Success / The Healthy Professional (Foundations, Chapter 3 & Chapter 4)	4		
Infection Control (Foundations, Chapter 5)	5		
General Anatomy and Physiology (Nails, Chapter 2)	6		
Skin Structure, Disorders & Diseases (Nails, Chapter 3)	7		
Nail Structure Disorders & Diseases (Nails, Chapter 4)	8		
Nail Product Chemistry (Nails, Chapter 5)	9		
Chemistry & Chemical Safety (Foundations, Chapter 6)	10		
Nail Resin Systems (Nails, Chapter 10)	11		
Electricity & Electrical Safety (Foundations, Chapter 7)	12		
Manicuring (Nails, Chapter 6)	13		
Pedicuring (Nails, Chapter 7)	14		
Electric Filing (Nails, Chapter 8)	15		
Nail Tips and Forms (Nails, Chapter 9)	16		
Monomer and Polymer Nail Enhancements (Nails, Chapter 11)	17		
Gel Nail Enhancements (Nails, Chapter 12)	18		
Nail Art (Nails, Chapter 13)	19		
Career Planning (Foundations, Chapter 8)	20		
On the Job (Foundations, Chapter 9)	21		
The Beauty Business (Foundations, Chapter 10)	22		

COURSE DESCRIPTION

This manicuring curriculum satisfies the requirements for the Manicuring program for State of Wisconsin Manicurist licensure. There are twenty-two (22) topical categories (Learning Modules/LM) that provide the scope and sequence for the program. All categories have student objectives. A list of

proficiencies that will be garnered are outlined in each category. At the completion of the manicuring course hours (300), the student will be ready to meet the state licensing requirements. The classes offer both theory and practical experiences, with individual, small group instruction, demonstrations, in person and hybrid modules, and the opportunity to perform laboratory and guest services activities.

COURSE OUTLINE AND OBJECTIVES

Each track is listed below along with the abilities garnered upon completion.

TRACK 1 – ORIENTATION - COURSE OUTLINE AND OBJECTIVES

1. History & Career Opportunities: (Learning Module 1)

Course Outline:

Objectives: Students will be able to:

- A. Explain the origins of personal beautification
- B. Discuss the advancements made in the nail tech industry historically
- C. List several career opportunities available to a licensed nail technician.

2. Life Skills:

Course Outline: (Learning Module 2)

Objectives: Students will be able to:

- A. List principles that contribute to personal and professional success
- B. Create a mission statement
- C. Explain how to set short and long-term goals
- D. Discuss time management
- E. Define and articulate ethics
- F. List characteristics of a positive attitude.

3. Communicating for success/the healthy professional: (Learning Module 3)

Course Outline:

Objectives: Students will be able to:

- A. Discuss the importance of professional image
- B. Define communicating for success
- C. Handle communication barriers
- D. Create personal portfolio (start)
- E. Social media best practices

4. Communicating for Success: (Learning Module 4)

Course Outline:

Objectives: Students will be able to:

- A. List the golden rules of Human Relations
- B. Define effective communication
- C. Conduct a successful client consultation
- D. Explain ways to handle unhappy clients with grace
- E. Describe how to build workplace communications

Track 1 Completion Date: _____

TRACK 2 – GENERAL SCIENCES - COURSE OUTLINE AND OBJECTIVES

5. Infection Control: Principles and Practices: (Learning Module 5)

Course Outline:

Objectives: Students will be able to:

- A. Discuss state laws and rules and the differences
- B. List the types and classifications of bacteria
- C. Define Hepatitis, and HIV, and explain the transmittal modes
- D. Explain the differences between cleaning, disinfecting, and sterilizing
- E. List the types of disinfectants and how they are used
- F. Discuss standard precautions
- G. Recognize different types of pathogens

6. General Anatomy and Physiology: (Learning Module 6)

Course Outline:

Objectives: Students will be able to:

- A. Define and explain the importance of anatomy, physiology, and histology to the nail profession.
- B. Describe cells, cell structure, and cell reproduction.
- C. Define tissue and identify tissues found in the body
- D.
- E. Learn the functions of the body's organs & systems

7. Skin Structure, Disorders & Diseases: (Learning Module 7)

Course Outline:

Objectives: Students will be able to:

- A. Describe the structure and composition of the skin
- B. List the functions of the skin
- C. Describe how to maintain skin health and why it is important
 - a. Define terms related to skin

8. Nail Structure Disorders & Diseases: (Learning Module 8)

Course Outline:

Objectives: Students will be able to:

- A. Describe the structure and composition of nails
- B. Label the Structure of the Nail
- C. Describe the natural nail, nail plate, nail bed, specialized ligaments, and their functions.

9. Nail Product Chemistry: (Learning Module 9)

Course Outline:

Objectives: Students will be able to:

- A. Outline gases, vapors, and fumes
- B. Describe adhesion, and define chemistry behind nail enhancements
- C. Compare nail coating products

10. Chemistry & Chemical Safety: (Learning Module 10)

Course Outline:

Objectives: Students will be able to:

- A. Explain chemistry and chemical safety.
- B. Identify the basics of chemical structure
- C. Practice chemical safety
- D. Interpret Safety Data Sheets
- E. Learn about the PH Scale

11. Nail Resin Systems: (Learning Module 11)

Course Outline:

Objectives: Students will be able to:

- A. Define Nail resin systems
- B. Learn how to use nail resin systems
- C. Define the advantages of using a dip system

12. Electricity and Electrical safety: (Learning Module 12)

Course Outline:

Objectives: Students will be able to:

- A. Explain the nature of electricity and list the differences between the two types of electric current.
- B. List and define the units of electrical measurements
- C. Outline electrical theory
- D. Discuss light energy
- E. Apply electrical safety

Track 2 Completion date: _____

TRACK 3 – NAIL CARE - COURSE OUTLINE AND OBJECTIVES

13. Manicuring (Learning Module 13)

Course Outline:

Objectives: Students will be able to:

- A. Identify the types of nail implements and or tools required to perform a manicure.
- B. Explain the difference between reusable (multiuse) and disposable (single use) implements.
- C. Name and describe the procedures used in the performance of the basic manicure.
- D. Explain why a consultation is important before a service in a salon.
- E. List and describe the basic nail shapes.
- F. Describe how to approach a man's manicure
- G. List the massage movements for a hand and arm massage.
- H. Explain the difference between a basic manicure and a spa manicure.
- I. Describe how aromatherapy is best used in manicuring services.
- J. Describe a proper setup for the manicuring table.
- K. Describe the procedure for a paraffin wax hand treatment before a manicure.
- L. Describe factors that affect nail growth.

14. Pedicuring: (Learning Module 14)

Course Outline:

Objectives: Students will be able to:

- A. Describe the equipment used when performing a pedicure.
- B. Describe the proper tool to use to reduce the potential for developing an ingrown toenail.
- C. Discuss the materials used when performing a pedicure.
- D. Describe the steps needed to create a pedicure business
- E. Describe pedicure provisions with sensitivity to clients with special needs.
- F. Identify the function of a callus softener during a pedicure procedure.
- G. Explain the differences between a basic pedicure and a spa pedicure.
- H. Define reflexology and its use during a pedicure.
- I. Summarize the importance of cleaning and disinfecting a pedicure bath.
- J. Demonstrate the proper procedures for a basic pedicure.

15. Electric Filing: (Learning Module 15)

Course Outline:

Objectives: Students will be able to:

- A. Define the different types of electric files that are used by nail professionals.
- B. Define RPM.
- C. Define torque.
- D. Define variable speed.
- E. Explain why e-files should be used safely.
- F. List the types of e-file bits, including sanding bands and mandrels.
- G. Identify the causes of excessive heat when using an e-file.
- H. Describe the procedure for cleaning and disinfecting metal files.

16. Nail Tips and Forms: (Learning Module 16)

Course Outline:

Objectives: Students will be able to:

- A. Identify the difference between a nail enhancement and a nail extension
- B. Describe five different types of nail tips
- C. What the advantages of using forms are
- D. What are the 7 most common nail shapes for nail tips
- E. What are the qualities of a properly structured nail enhancement?

17. Monomer and Polymer nail enhancements: (Learning Module 17)

Course Outline:

Objectives: Students will be able to:

- A. Explain monomer liquid and polymer powder nail enhancement chemistry.
- B. Outline nail maintenance and repair
- C. Implement the proper procedure for removing nail enhancements.

18. Gel Nail Enhancement: (Learning Module 18)

Course Outline:

Objectives: Students will be able to:

- A. Describe the chemistry and main ingredients gels.
- B. Describe when to use the one color and two-color methods for applying UV gels.
- C. Identify the supplies needed for UV and LED gel application.
- D. Identify how to store, use, and remove gels in the salon
- E. Describe how to apply one color gels over forms.
- F. Describe how to maintain gel nail enhancements.
- G. Explain how to correctly remove hard & soft UV and LED cured gels.

19. Nail Art: (Learning Module 19)

Course Outline:

Objectives: Students will be able to:

- A. Describe the basis for nail art.
- B. Identify nail art such as airbrush, acrylic colors, foil art, rhinestones (gems), striping tape, encapsulated nail art, French manicure nail art, and the two-color fade.
- C. Describe how nail art impacts the nail industry
- D. Create inlaid nail art
- E. Explain stencils & stamping Describe nail art brushes, sponges, and tools and their usage.
- F. Describe the use of the color wheel.
- G. Identify nail design techniques
- H. Create a palate of individualized nail art.

Track Completion date: _____

TRACK 4 – BUSINESS SKILLS - COURSE OUTLINE AND OBJECTIVES

20. Career Planning's: (Learning Module 20)

Course Outline:

Objectives: Students will be able to:

- A. Identify the business skills needed to seek employment in the nail technology field.
- B. Review state licensing examination process
- C. Discover potential employers
- D. Prepare for a job interview

21. On the Job: (Learning Module 21)

Course Outline:

Objectives: Students will be able to:

- A. Describe the qualities that will lead to successful employment in the nail industry.
- B. Summarize the expectations of moving from school to work
- C. Practice money management
- D. Explain selling in the salon
- E. Use marketing to expand your customer base

22. The Beauty Business: (Learning Module 22)

Course Outline:

Objectives: Students will be able to:

- A. Describe factors to consider when owning a business.
- B. Explain the importance of keeping accurate records for retention.
- C. Describe booth rental
- D. List marketing strategies for building your business

Track 4 Completion Date: _____

Center Street Nail Technology Academy, LLC Midpoint Examination Date: _____

Center Street Nail Technology Academy, LLC Final Written Examination Date: _____

Center Street Nail Technology Academy, LLC Final Practical Examination Date: _____