



School of Continuing Education

AODA Clinical Supervision Content

AODA Clinical Supervision

With emphasis on practical application of the outcome literature and best practices in clinical supervision, explore requirements, assessment and evaluation, methods and techniques, ethics and boundaries, and more through five days of training. This 30-hour program meets the State of Wisconsin education training requirements for licensure as a clinical supervisor of substance abuse counselors.

The program is comprised of **five** days of training. Participants are free to enroll in the entire program or individual sessions.

I. Assessing and Evaluating my Supervisee in Clinical Supervision

II. Developmental Stages for Supervisee/Supervisor in Clinical Supervision

III. Clinical Supervision and Organizational Methods in Clinical Supervision

IV. Professional Responsibility/Ethics and Boundaries

V. Techniques and Methods of Clinical Supervision

I. Assessing and Evaluating my Supervisee in Clinical Supervision

Time: 9am-4pm

Location: UWM School of Continuing Education

CEUs: 0.6, CEHs: 6

Description:

Understand the roles, goals, and principles of clinical supervision, including the four foci of clinical supervision. Learn how to get to know your supervisee by assessing and evaluating techniques, intervention skills and observation methods by collecting pertinent data. The course addresses relationship concerns, parallel process, counselor/supervisor relationships, client/counselor/supervisor relationships, resistance, boundaries and expectations of supervision.

Learning Outcomes:

- Learn and understand the principles and role of clinical supervision
- Learn and understand how to assess and evaluate your supervisee in clinical supervision
- Learn how to address relationship concerns in clinical supervision
- Describe the similarities and differences between counseling and clinical supervision relationships
- Outline the range of factors that influence the evaluation process in clinical supervision

Agenda/Class Outline:

Time	Activity
9:00am - 10:30am	Assessing and evaluating techniques
10:30am – 12:00pm	Intervention skills and observation methods
In-house lunch	
12:30pm -1:30pm	Parallel process, Collecting Data, Expectations of Supervision
1:30pm – 3:00pm	Client/counselor/supervisor relationships, resistance, boundaries and expectations of supervision
3:00pm – 4:00pm	Review Questions and Answers

II. Developmental Stages for Supervisee/Supervisor in Clinical Supervision

Time: 9am-4pm

Location: UWM School of Continuing Education

CEUs: 0.6, CEHs: 6

Description:

The objective of this course is to learn Stoltenberg and Delworth’s Integrated Development Model and different Treatment Model approaches. The course will help identify three stages of counselors and their characteristics at each stage. Learn how to trace counselor progress in terms of three structures within eight competency domains comparable to 12 core functions. In addition, learn how to foster your supervisee’s growth from student to colleague to expert.

Learning Outcomes:

- Learn and understand the roles and models for clinical supervision
- Learn and understand how to help your supervisee develop through clinical supervision process
- Learn and understand the importance of a Individual Development Plan for your supervisees
- Learn the characteristics and the levels of counselors you supervise in clinical supervision
- Learn the levels and the characteristics of clinical supervisors

Agenda/Class Outline:

Time	Activity
9:00am - 10:30am	Integrated Development Model and Treatment approaches
10:30am – 12:00pm	Stages of Counselor Development and Clinical Supervisors
In-house lunch	
12:30pm -1:30pm	Track/Trace Counselor Development in each stage
1:30pm – 3:00pm	How the eight competency domains are comparable to the twelve core functions for Clinical Supervisors
3:00pm – 4:00pm	Goals of Clinical Supervision - Helping the supervisee’s develop from trainee to colleague to expert

III. Clinical Supervision and Organizational Methods in Clinical Supervision

Time: 9am-4pm

Location: UWM School of Continuing Education

CEUs: 0.6, CEHs: 6

Description:

This course helps supervisors learn how to manage in their agency and assess organizational readiness. The course outlines the pros and cons of wearing both hats as an administrator and clinical supervisor, and how it can affect good supervision. The course will help you identify and use best practices in your agency. Understand how good supervision supports evidence-based practice and helps with retention and morale.

Learning Outcomes:

- Learn and understand contextual factors in clinical supervision
- Learn and understand the stages of developing objectives of clinical supervision
- Learn and understand how to implement clinical supervision within the agency
- Learn and understand best practice for clinical supervision
- Learn how to present case to agency for best practice supervision.

Agenda/Class Outline:

Time	Activity
9:00am - 10:30am	Managing Clinical Supervision in your agency and assess organizational readiness for evidence based clinical supervision
10:30am – 12:00pm	Pros and Cons of the administrative role in clinical supervisor
In-house lunch	
12:30pm -1:30pm	Best practice in clinical supervision
1:30pm – 3:00pm	Clinical Supervision supportive role to help with retention and morale
3:00pm – 4:00pm	Present case for best practice clinical supervision in your agency Review Questions and Answers

IV. Professional Responsibility/Ethics and Boundaries

Time: 9am-4pm

Location: UWM School of Continuing Education

CEUs: 0.6, CEHs: 6

Description:

Learn how to operate within the boundaries of legal and ethical codes and regulations for the protection of all parties, including the agency, administration, staff, and clients. Legal and ethical issues of clinical supervision include direct and vicarious liability, confidentiality, informed consent and due process, clinical supervisor and supervisee scope of competence and practice, and dual relationships.

Learning Outcomes:

- Learn and understand the legal requirements of clinical supervisors
- Learn and understand the importance of ethics and boundaries in clinical supervision
- Learn and understand legal issues clinical supervisors may face
- Describe effective informed consent when acting as a clinical supervisor
- Apply ethical decision making principles to the practice of clinical supervision

Agenda/Class Outline:

Time	Activity
9:00am - 10:30am	Operating within the boundaries of legal, ethical codes and regulations for clinical supervision
10:30am – 12:00pm	Protecting all parties, including the agency, administration, staff, and clients in clinical supervision
In-house lunch	
12:30pm -3:00pm	Legal and ethical issues of Clinical Supervision
3:00pm – 4:00pm	Case Study (review questions and answers).

V. Techniques and Methods of Clinical Supervision

Time: 9am-4pm

Location: UWM School of Continuing Education

CEUs: 0.6, CEHs: 6

Description:

Learn methods and techniques for clinical supervision, regardless of the modality used. Methods include case consultation, written activities such as verbatim and process recordings, audio and videotaping, and live observation. Techniques include modeling, skill demonstrations, and role playing. Learn the advantages and disadvantages of each method.

Learning Outcomes:

- Learn methods of clinical supervision
- How to structure and document supervision
- Differentiate the impact of various intervention strategies.
- The value of direct observation in clinical supervision.
- Distinguish between live observation and live supervision

Agenda/Class Outline:

Time	Activity
9:00am - 10:30am	Learn methods and techniques for clinical supervision
10:30am – 12:00pm	Different Methods used in clinical supervision and what’s best for your agency
In-house lunch	
12:30pm -3:00pm	Discuss different techniques used in clinical supervision including modeling, skill demonstrations, and role playing
3:00pm – 4:00pm	The advantages and disadvantages of each method used for clinical supervision. Discuss your favorite method and why it works for your agency. Review questions and answers.